

Swami Aliyananda Paramahansa, Founder of the World Peace Mission



Kriya Yoga Workshop

Saturday 20th January 2018

Cotham Parish Church, Cotham Rd, Bristol BS6 6DR

Join Swami Aliyananda Paramahansa for a special Kriya Yoga Workshop in Bristol.

Kriya Yoga is a set of breathing exercises followed by silent meditation, and is a powerful tool to support you in your life.

9.30 am – 1.00 pm
£20 per person



Please arrive by 9.30 to enrol. We will start promptly at 10.00 am.

Refreshments will be provided

Please book with Emerald: email emerald@worldpeacemission.com or

Phone 07852 365229.

Change Yourself, Change the World. Peace in the Heart, Peace in the Home.
Shambhala Ashram, The Queens Hotel, The Promenade, Penzance, TR18 4HG Tel 01736 362371

www.worldpeacemission.com